



Radiesse after care instructions

Radiesse can smooth out deep wrinkles and lines around the nose and mouth. It also can be used to add contours to areas of the face that have lost their shape from the aging process, leaving you with some sagging skin around your cheeks and jaw line. Radiesse doesn't just contour as pure filler; it stimulates the growth of new collagen, the natural protein in your skin that gives it a smooth texture and youthful elasticity. This combination of filler and collagen activation becomes a terrific option to smooth out and re-contour your face for a more youthful look.

How long does it last? The effects of Radiesse can last from 12-18 months, depending on the severity of your particular facial lines and the areas of your face that you have treated.

How long until I can go into the sun? Avoid direct sunlight for prolonged periods of time as advised by your provider. Wear sunblock to protect your skin, since sunlight may cause permanent discoloration after bruising.

How long until I can wear makeup? You may apply makeup 24 hours after your Radiesse procedure in many cases, to keep your skin clean and safe from infection.

How long will it be swollen?

After your Radiesse injections, you may experience redness and swelling, bruising may also be visible. You may experience tenderness at injection site for a few days after your treatment. Depending upon the areas treated and products used, you may feel "firmness" in the treated areas for 1 to 2 weeks after treatment. Over time, the areas will soften and "settle." The best treatment for swelling is immediate use of ice compresses (3 times a day, for 20 minutes, for up to 5 days). For discomfort you may take Tylenol or ibuprofen. Arnica creams can be topically applied to aid bruising, swelling and pain after treatment.

What if I feel or see Lumps or Bumps? –Most lumps are just fluid or some bruising from the injection and will get better quickly. If you feel lumpy spots, push on the spot with continual pressure for about two minutes. Repeat this five times a day. This is called "massage" and helps resolve bruising, swelling, or any lumpiness.

Results – It is extremely important to have realistic expectations with the results of fillers. Most patients are extremely happy with fillers for cheeks, fillers for lips, fillers for folds, and other facial filler uses. However, fillers do not "get rid of" all your wrinkles. Patient should expect "significant improvement" not long term absolute resolution after one treatment. If a patient doesn't get the result they want, often the answer is more filler.

If you have any questions or concerns
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