

# Patient Medical History



MEDICAL AESTHETICS

*intelligence*

Date : \_\_\_\_\_

Name: \_\_\_\_\_ Date of birth \_\_\_\_\_

Address: \_\_\_\_\_

Phone (Home/ Cell) : \_\_\_\_\_ Business Phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Marital Status:  Single  Married Occupation: \_\_\_\_\_

Emergency Contact: Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Referred by: \_\_\_\_\_

List all medications and supplements: \_\_\_\_\_

\_\_\_\_\_

Have you ever been hospitalized? If so, please list date and reason: \_\_\_\_\_

Have you ever had surgery (face and/or body)? If so, please list date and procedure: \_\_\_\_\_

\_\_\_\_\_

Please check any condition that you currently have or have had in the past:

- Heart Problem  Diabetic  HIV  Lupus  Hepatitis  Auto Immune Disease  Bruise Easily  
 Poor Wound Healing  Claustrophobic  Asthma  Eczema  Psoriasis  Vitiligo  Keloid Scar  
 Pacemaker  Metal Implant  Seizure  Epilepsy  Anxiety/Depression  Hormone Imbalance  
 (Estrogen/Testosterone/ Progesterone)  Hyper Thyroid / Hypothyroid  PCOS  Excessive Hair Growth  
 Excessive Hair Loss  Permanent Makeup  Tattoo  MS  ALS  Bell's Palsy  Cold Sores  
 Shingles  High Blood Pressure  Varicose Veins

Other: \_\_\_\_\_

Have you ever had an allergic reaction to any of the following? (Please check any that apply and explain)  
 If yes, please explain: \_\_\_\_\_

- Cosmetics  Medicine (ie: Penicillin, Codeine, Sulfa)  Food  Animals  Sunscreens  Iodine  
 Pollen  AHA  Fragrance  Salicylic Acid  Shellfish  Latex  Drugs  Sun  Numbing agents

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What procedures are you interested in? Check all that apply

- Laser Hair Removal  
  IPL brown spots or redness  
  Microdermabrasion  
  Facial  
  Massage  
 Microneedling  
 Botox/Xeomin/Dysport  
 Dermal filler  
 Treat broken Capillaries  
 Cellulite Treatment  
 PRF for hair growth  
 Coolsculpting  
 Skin treatments (acne, melasma, broken capillaries)  
 Skin Resurfacing  
 Lines & Wrinkles  
 Skin Tightening

1) Have you ever had a facial treatment before?  No    Yes, when? \_\_\_\_\_

2) Have you ever had a body spa treatment before?  No    Yes   List: \_\_\_\_\_

Which of the following best describes your skin when exposed to the sun for 30 minutes & no SPF:

- Always burns easily, never tans with very pale skin tone  
 Always burns, tans with a hint of color with very pale skin tone  
 Burns initially, tans gradually with light skin tone  
 Can burn and can tan with olive/gold skin tone  
 Rarely burns with brown skin tone  
 Rarely burns with very deeply pigmented skin tone

Your ethnicity: \_\_\_\_\_

4) Do you have any special skin problems or concerns pertaining to your face or body?  Yes    No

If yes, please specify: \_\_\_\_\_

5) Have you ever had chemical peels, laser or microdermabrasion?  No    Yes

In the last month?  No    Yes   If yes, please describe: \_\_\_\_\_

6) Do you use Retin-A, Renova, Hydroquinone, Hydroxyl Acid or Retinol/vitamin A derivative products?

No    Yes

If yes, please describe: \_\_\_\_\_

7) Have you used any of the above products in the last 3 months?  No    Yes

8) Have you used an acne medication?  No    Yes, when? \_\_\_\_\_

What type? \_\_\_\_\_

9) What skin care products are you currently using? (List brand)

\_\_\_\_\_

10) Have you recently used any self-tanning lotions, creams or treatments?  No    Yes

Please specify: \_\_\_\_\_

11) Have you used any of the following hair removal methods in the past 4 weeks?  No    Yes

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If yes, where on your body? \_\_\_\_\_

Please circle all that apply:

Shaving  Waxing  Electrolysis  Plucking  Tweezing  Threading  Depilatories  Laser

What areas of concern do you have regarding your skin? Check all that apply

Breakouts/acne  Blackheads/whiteheads  Excessive oil/shine  Rosacea  Dehydrated skin

Broken capillaries  Redness/ruddiness  Sun spot/liver spot/brown spot  Puffiness  Dark circles

Uneven skin tone  Sun damage  Wrinkles/fine lines  Dull/dry/flaky skin  Skin laxity

Other \_\_\_\_\_

17) In the last 2 weeks, have you had injections such as Botox™, Restylane™, Radiesse, or Juvederm?

No  Yes

Please specify: \_\_\_\_\_

## Female Clients Only:

19) When was your last menstrual period? \_\_\_\_\_

20) Are you pregnant or trying to become pregnant?  No  Yes

23) Are you undergoing any hormone replacement therapy?  No  Yes

Please specify: \_\_\_\_\_

## Future Appointments/Contact:

May we call home, work or cell phone number to confirm future appointments?

No  Yes Preferred method of contact:

May we contact you via email to confirm appointments and send our promotions?  No  Yes

I understand, have read and completed this questionnaire truthfully. I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I understand that withholding information or providing misinformation may result in contraindications and/or complications from your treatment that may be irreversible. The treatments I receive here are voluntary and I release this institution, all employees and contractors from liability and assume full responsibility thereof.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Patient verbalizes no-changes to Medical history Initials: \_\_\_\_\_ Date: \_\_\_\_\_

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